



PEAK PERFORMANCE

Northern Colorado's
Premier Athletic Training Program

Participation Agreement

I (hereafter called the "athlete") hereby agree to take part in the *Peak Performance* Training Program.

Athlete Information

Name: _____
Last First Middle

(For office use only):

Session length: _____

of sessions: _____

Total Price: _____

Session Start Date: _____

Payment: _____

Expiration Date: _____

Fees

The program starts on the date set by both the athlete and instructor(s). The total fee consists of an Evaluation and a Training Package option.

Evaluation – An evaluation consisting of sports specific fitness tests; speed and quickness, agility, flexibility, muscular endurance, and core stability, will be assessed to determine the base fitness level and allow the instructor(s) to establish a successful and efficient training regimen.

Peak Performance Training Costs – Program costs vary depending on the size of the class and the program agreed upon by the athlete. The athlete agrees to a TRAINING PACKAGE COST of \$ _____/_____session(s). Training Packages are non-refundable. Fees for *Peak Performance* are agreed for payment prior to the start of the training program.

Peak Performance asks that one half of the full payment be paid up front and the remaining half of the payment to be paid at the conclusion of training.

Peak Performance will add 10% to the total amount owed for any payment over 30 days late.

Cancellation Policy

Athletes/team agrees in the event of a cancellation that a minimum of 48 hours notice will be given to the staff of *Peak Performance* or fees for that specific training session will be forfeited.

Signature of Athlete

Date

Parent or legal guardian (if under 18 years of age)

Date

Peak Performance Representative

Date